

Certified Organic, 100% Grass Fed Angus Beef & Pastured Pork from Harmony Valley Farm

We have a limited amount of ground beef and specialty cuts available for delivery in June. All other packages are SOLD OUT and will be available for delivery again in November, December & January. Contact the farm to put together a Custom Pack for delivery in June! csa@harmonyvalleyfarm.com

NEW! Save when you join the HVF Meat Club!

Great for smaller freezers and lighter meat eaters! Sign up for either three or 5 deliveries of smaller packages (15 pounds each delivery) of our fresh frozen meat. Start your meat club deliveries with the next available delivery month. Pay in full by check, single electronic debit or via electronic debit over 6-12 months time.

ALL-BEEF MIXED PACK: Selections will include T-bone, Sirloin & Rib Steaks, Round Steak & Sirloin Tip, Roasts (2 lb. each), Lean Ground Beef in 1 lb tubes***, Stew Meat, Short Ribs

50 lb.--\$440

25 lb.--\$240

15 lb.--\$148

ALL-BEEF BURGER & STEAK PACK: Selections will include T-bone, Sirloin & Rib Steaks, Sirloin Tip, Round Steak, Stew Meat, Lean Ground Beef in 1 lb tubes***

50 lb.--\$550

25 lb.--\$286

15 lb.--\$175

BURGER PACK: 1-lb tubes of lean ground beef***

25 lb.--\$190

15 lb.--\$118

ALL-BEEF STEAK GRILL PACK: Selections will include Filet Mignon, T-bone and/or Rib Steaks, 2 Burger Patty Packs (16 patties/pack, each pack is 4 lb), Lean Ground Beef in 1 lb tubes***, 5 packs Franks (8 franks/1 lb pack)

25 lb.--\$247

ALL-BEEF FAMILY GRILL PACK: 2 Burger Patty Packs (16 patties/pack, each pack is 4 lb), Lean Ground Beef in 1 lb tubes***, 6 packs Franks (8 franks/1 lb pack)

25 lb. -- \$215

Specialty Products Selection

All our specialty products are smoked, free of nitrates/nitrites and are made with all organic ingredients. Because they do not contain nitrates, they do need to remain refrigerated and should be consumed within 7-10 days after thawing. These selections can be ordered a la carte or as a package.

12lb. SPECIALTY PACK: \$132

5 Garlic Summer Sausages--1 lb logs (80% Beef and 20% Pork), 3 packs All-Beef Snack Stix in 1 lb packs, 4# Franks (80% Beef & 20% Pork) in 1 lb packs (8 franks/lb)

Contact the farm for info & pricing on larger quantities/sides of beef! csa@harmonyvalleyfarm.com

Delivery Information

•Our meat is delivered *freshly frozen* in Styrofoam coolers, in a box with your name on it. Please bring a cooler or sturdy box to your delivery site and transfer your order into that to take home, leaving the coolers and boxes at your site for the farm to pick up and re-use.

•**Order early!** Orders are filled on a first come, first served basis. No orders are reserved until payment in full is received.

•**Payment options:** You may pay by check or by ACH payment; we do not take credit cards. Meat Club and CSA members may pay via ACH over a 6-12 month period, depending on when your meat order is placed. Mail order form (next page) and payment directly to the farm:

Harmony Valley Farm S 3442 Wire Hollow Rd, Viroqua WI 54665

Thank you for choosing local & organic! Go to our Meat page online for more details on our animals & practices.

<http://www.harmonyvalleyfarm.com/meat.php>

3-Delivery Meat Club Share (45 pounds total) \$415

June: 15 lb. ALL-BEEF MIXED PACK

November: 15 lb. BEEF & PORK VARIETY PACK

January: 15 lb. BEEF & PORK FAMILY PACK

5-Delivery Meat Club Share (75 pounds total) \$730

May: 15 lb. ALL-BEEF BURGER & STEAK PACK

June: 15 lb. ALL-BEEF MIXED PACK

November: 15 lb. BEEF & PORK FAMILY PACK

December: 15 lb. BEEF & PORK VARIETY PACK

January: 15 lb. BEEF & PORK VARIETY PACK

BEEF & PORK VARIETY PACK: Beef Steaks (T-bone, Sirloin and/or Rib Steak), Beef Roast (2lb. each), Ground Beef in 1 lb tubes***, Pork Chops, Nitrate/Nitrite free Bacon, & Ham Roast or Steak, Ground Pork in 1 lb tubes

25 lb.--\$264

15 lb.--\$160

BEEF & PORK FAMILY PACK: 2lb Beef Roast, Beef Stew Meat or Round Steak, Ground Beef in 1 lb tubes***, Ham Roast/Steak OR Pork Shoulder Roast AND/OR Country Style Pork Ribs, Nitrate/Nitrite Free Bacon, Ground Pork in 1 lb tubes, Flanken Style Beef Short Ribs (25# Pack only)

25 lb.--\$200

15 lb.--\$125

ALL-PORK MIXED PACK: Selections will include Center-Cut Pork Chops, Spare ribs and/or country style ribs and/or hocks, Nitrate/nitrite free smoked Bacon & Ham Steaks, Ground Pork in 1 lb tubes

25lb.--\$220

15lb.--\$132

DELUXE STEAK BUNDLE: Will include 2 pkgs T-bone steaks (2/pack), 2 pkgs Rib Steak (2/pack) & either Flank Steak or Skirt Steak. Limited availability. Add to one of our 15lb. or greater meat packages. Not available a la carte or on its own.

8 lb. --\$132

***For an additional \$3.85, a 4 lb. package of ¼ lb hamburger patties may be substituted for 4 lbs of ground beef tubes

2012 Meat Order Form

Package	Price	Total	
ALL BEEF MIXED PACKS 50 lb.	\$440.00		
25 lb.	\$240.00		
15 lb.	\$148.00		
ALL BEEF BURGER & STEAK PACKS 50 lb.	\$550.00		
25 lb.	\$286.00		
15 lb.	\$175.00		
BURGER PACKS 25 lb.	\$190.00		
<i>We have a limited amount of ground beef available for delivery in June.</i> 15 lb.	\$118.00		
ALL BEEF GRILL PACKS			
25 lb. Steak Grill Pack	\$247.00		
25 lb. Family Grill Pack	\$215.00		
BEEF & PORK VARIETY PACKS: November, December & January delivery only			
25 lb.	\$264.00		
15 lb.	\$160.00		
BEEF & PORK FAMILY PACKS: November, December & January delivery only			
25 lb.	\$200.00		
15 lb.	\$125.00		
Substitute Patties in any of the above packs	\$3.85		
12# Specialty Pack - Now Sold out ground!	\$132.00		
ALL PORK MIXED PACKS: November, December & January delivery only			
25 lb.	\$220.00		
15 lb.	\$132.00		
3 DELIVERY MEAT CLUB (45 lb. total)	\$415.00		
<i>Circle Start Date:</i> November, December, January, June			
5 DELIVERY MEAT CLUB (75 lb. total)	\$730.00		
<i>Circle Start Date:</i> November, December, January, May, June			
8# DELUXE STEAK BUNDLE <small>limited availability, for add on to above packages only</small>	\$132.00		
A LA CARTE SELECTIONS:			
Create your own package from the items below, 15 lb. minimum. Or add onto any of our other meat packs with no minimum required.			
Quantity	Item	Price	Total
	1# Garlic Summer Sausage	\$11.00	
	1# All American Snack Stix	\$11.00	
	1# Franks	\$11.00	
	4# Beef Patties (16 per pack)	\$33.00	
	1# Beef Liver	\$2.75	
	1# Meaty Beef Soup Bones	\$2.75	
	1# Meaty Pork Soup Bones <small>November, December & January delivery only</small>	\$2.75	
	<i>Circle</i> Beef Heart or Beef Tongue	\$4.50	
	1# Flanken Style Beef Short Ribs	\$6.50	
	1# Beef Marrow Bones	\$4.25	
	1# Pork Hocks	\$4.25	
Grand Total			

Twin City Delivery Sites	Thursday Delivery	Hours
ST PAUL (Mac/Groveland)	1447 Jefferson Ave	8am- 8pm
BLOOMINGTON	N.W. Health 2501 W. 84th St.	9am - 6pm
EDEN PRAIRIE	12772 Gordon Dr	9am - 8pm
SOUTH Plymouth	3055 Rosewood Ln N	3 - 8pm
NORTH Plymouth	6080 Cheshire Lane	1:30 - 8pm
LINDEN HILLS	4936 Abbott Ave. S.	12 - 8pm
Kingfield/LYN-LAKE	3652 Harriet Ave. S.	12:30 - 8pm
WHITTIER	2624 Blaisdell Ave	1pm - 8pm
POWDERHORN	3604 27th Ave. S.	1:30 - 8pm
NE MPLS	2330 Stinson Blvd	2:30 - 8pm
COMO PARK	870 Como Ave. St. Paul	2 - 8pm
ROSEMOUNT	14385 Cameo Ave.	3 - 8pm
TURCK	employees only	
Local Sites	Friday Delivery	Hours
VIROQUA	109 Center St	4 - 8 pm
LA CROSSE	122 S. 16th Street	4 - 8 pm
ONALASKA	N 4351 Pralle Rd.	5 - 8 pm
The FARM	S 3442 Wire Hollow Rd.	3 - 8 pm
Madison Delivery Sites	Saturday Delivery	Hours
Mazomanie	508 Henry St. (near Westside Park)	8 am - 5 pm
Cross Plains	1910 Cross St.	8 am - 5 pm
9 N. Strathfield Circle	(off N. Gammon Rd.)	8 am - 3 pm
1123 Jenifer St.	(behind Willy St. Coop)	8 am - 5 pm
2922 Union St		8 am - 5 pm
533 Elmside Blvd.	off Atwood Av.	8:30 am - 5 pm
833 W. Lakeside	near Olin Av. and S. Park St.	9 am - 5 pm
617 Sprague	off Monroe, near Edgewood	9 am - 5 pm
2318 Rugby Row	(near West High)	9:30 am - 5 pm
470 Orchard Drive		10:30am - 5pm
5013 Bayfield Terrace	(off N. Whitney Way)	11 am - 5 pm
6 Argyle Court.		11:00 am - 5 pm

Delivery Dates 2012/2013

Twin Cities
June 7, Nov. 8, Dec. 6, Jan. 24, 2013, May 2, 2013

Local
June 8, Nov. 9, Dec. 7, Jan. 25, 2013, May 3, 2013

Madison
June 9, Nov. 10, Dec. 8, Jan. 26, 2013, May 4, 2013

If available, circle your preference for a **free tongue** or **free pound of liver** to be included with your order

Delivery Site _____

Delivery Date _____

Name _____

Address _____

City, State, Zip _____

Email/Phone _____

Mail this form and your payment to the farm:
 Harmony Valley Farm S 3442 Wire Hollow Rd Viroqua WI 54665
 fax: 608-483-2151 OR csa@harmonyvalleyfarm.com