



## Harmony Valley Farm 2017 CSA Information and Sign-Up Form

CSA membership allows you to connect with the farm and people where your food is grown. As such, we will share together in the bounty and the risks associated with farming. We look forward to providing you and your family with the highest quality, clean, fresh and nutritious vegetables, fruit and coffee. Everything we grow and distribute is **Certified Organic**.

We offer **Vegetable, Fruit & Coffee** Shares for delivery to the **Twin Cities, MN; Madison, WI; and our local area (Viroqua, La Crosse & Onalaska)**. The information below outlines each of our shares with specific information to help you decide which shares best fit your needs. Delivery dates are listed as "Twin Cities/Local/Madison."

### Vegetable Shares

Our vegetable shares are designed to meet the needs of a family of four. Take time to thoughtfully consider which shares will best meet the needs and eating habits of your household. Each delivery is accompanied by a newsletter which includes information on storing and preparing your vegetables, delicious recipes and updates from your farm.

**Vegetable Flex Plan:** *Delivered May-December on the weeks of your choice. 10 box minimum purchase*

**\$40.75 per box:** \$38.25 per box + \$2.50 per box delivery fee for Lunds & Byerlys pick-up.

This share will allow you to choose which weeks you want to receive a delivery. Please use the delivery calendar available on our website to select preliminary delivery dates from May-December. Send this schedule to the farm along with your sign-up form. You will be able to make changes to your schedule throughout the season as long as you let us know by noon on Tuesday the week of the change. This option is also available for those who sign up part way into the season. This is a popular selection for members in smaller households or those that travel frequently for work or summer vacations. This has also become a popular gift for college students.

**Autumn Vegetable Share:** *4 boxes, delivered every other week November 2/3/4-December 14/15/16*

**\$167:** \$157 + \$10 delivery fee for Lunds & Byerlys pick-up.

Sign up by October 20. A taste of what our farm offers at the end of our season, after many farms have finished with deliveries. Boxes may contain winter squash, garlic, onions, cabbage, Tat Soi, beets, carrots, winter radishes, sweet potatoes, Brussels sprouts and more! *These boxes are already included as part of the weekly and every-other-week shares.*

### Fruit Shares

Our fruit share is delivered every other week from June through December on designated "Green Weeks" only. In this share we offer certified organic fruit, sourced at its peak from the best fruit growing regions of North America. When available, we do include regional fruit in their season including apples and cranberries. Each box is packed for a family of four and contains a variety of 5 to 7 different fruit varieties, weighing 10-16 pounds on average. Each box contains some ready to eat fruit, and some fruit that will ripen and/or store over the next 3-10 days. Each delivery is accompanied by a newsletter, which includes information about the farms, ripening and storage instructions and recipes. We are happy to maintain our 2016 price per box for the 2017 season.

**Autumn Fruit Share:** *4 boxes delivered November 2/3/4 to December 14/15/16*

**\$170:** \$160 + \$10 delivery fee for Lunds & Byerlys pick-up.

Autumn fruit boxes may contain apples, grapefruit, Satsuma mandarins, Medjool dates, pears, pomegranates, cranberries, mangoes, Clementines, tangerines, lemons, kiwi, avocados, persimmons and figs.

### Payment Options

We still have several different payment options available, allowing you to find one that best fits your household and finances. Sharing households may choose any combination of the payment options below; we will only issue a receipt to any household that pays the farm directly towards a share.

- Single Payment - Check:** Enclose one check for the full amount.
- Food Stamps:** Fill out our 2017 CSA Agreement form, along with FairShare's Partner Share Application ([www.csacoalition.org/our-work/partner-shares](http://www.csacoalition.org/our-work/partner-shares)). Email or mail both of these forms to FairShare ([info@csacoalition.org](mailto:info@csacoalition.org)) and to us ([csa@harmonyvalleyfarm.com](mailto:csa@harmonyvalleyfarm.com)). FairShare will be in contact with you to help you finish the sign up process.
- Contact the Farm:** Contact our bookkeeper ([bookkeeper@harmonyvalleyfarm.com](mailto:bookkeeper@harmonyvalleyfarm.com)) to set up any other payment arrangements.

Sharing Households: If you are sharing your box with another household, remember that the farm packs only one box for your share; it is up to you to decide how to split it. Some households meet and physically split the box contents; others alternate weekly pickups so each household gets a full box every other delivery. Your share(s) will be labeled with the Household 1 member's name. All sharing partners must request their shares using the Household 1 member's name when picking up shares at any of our Lunds & Byerlys locations. Please list the contact info for both households if you plan on sharing boxes and remember who is listed as Household 1. Thank you!

If you would like to have your CSA Shares delivered to one of our Residential Twin Cities delivery sites, please use the **2017 Autumn CSA Sign Up Form** located on our website.

[www.harmonyvalleyfarm.com/joinHVF.pdf](http://www.harmonyvalleyfarm.com/joinHVF.pdf)

# Harmony Valley Farm 2017 CSA Agreement Form

**Fill out this form and send with your payment to the farm. Keep a copy for your records!**

Household 1

Household 2

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_  
 Zip \_\_\_\_\_ Phone \_\_\_\_\_  
 Email \_\_\_\_\_  
 Email \_\_\_\_\_

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_  
 Zip \_\_\_\_\_ Phone \_\_\_\_\_  
 Email \_\_\_\_\_  
 Email \_\_\_\_\_

Quantity	Share	Pricing	Total
# of boxes ____	Vegetable Flex Plan <small>(minimum of 10 boxes) Please include your preliminary delivery dates with this form</small>	\$40.75 per box	
	Autumn Vegetable Share	\$167.00	
	Autumn Fruit Only	\$170.00	
	Grand Total		

Please indicate your delivery site:

1st choice \_\_\_\_\_

2nd choice \_\_\_\_\_

**PAYMENT OPTIONS:** We will issue a receipt only to households that pay the farm directly. See Page 3 for more information.

\_\_\_\_ **Single Payment -Check**

\_\_\_\_ **Contact the farm for other payment options (bookkeeper@harmonyvalleyfarm.com)**

### Lunds & Byerlys Locations Pick-Up on Friday 12pm-9pm

Store Locations	Address
NE Minneapolis	25 University Ave SE
Downtown Minneapolis	1201 Hennepin Ave
Uptown Minneapolis	1450 W Lake St
Golden Valley	5725 Duluth St
St Louis Park	3777 Park Center Blvd
Roseville	1601 West County Rd C
Edina-50th St	3945 West 50th St
Edina- France Ave	7171 France Ave S
Richfield	6228 Penn Ave S
Ridgedale	13081 Ridgedale Dr
Minnetonka-Hwy 7	11400 Highway 7
Minnetonka- Glen Lake	14400 Excelsior Blvd
Downtown St. Paul	115 East 10th St
Highland Park	2128 Ford Parkway

Store Locations	Address
NE Minneapolis	25 University Ave SE
Plymouth	3455 Vicksburg Lane
Wayzata	1151 Wayzata Blvd E
L&B Kitchen-Wayzata	250 Superior Blvd
Eagan	1299 Promenade Place
Maple Grove	12880 Elm Creek Blvd
Bloomington	5159 West 98th St
Eden Prairie	970 Prairie Center Dr
Woodbury	7050 Valley Creek Plaza
Chanhassen	800 West 78th St
Burnsville	401 E County Rd 42
Navarre	3333 Shoreline Dr
Prior Lake	16731 Highway 13
St Cloud	2510 West Division St

I would like to become a member of Harmony Valley Farm's Community Supported Agriculture program. As a CSA member I understand that I share in the bounty as well as the risks that accompany farming and that the farm plants and harvests with my share in mind. For this reason, I understand that Harmony Valley Farm CSA membership is a season long commitment. If I can't finish out the season as a member, for whatever reason, it is my responsibility to reassign my share and ensure payments are made. I understand that it is my responsibility to know when and where to pick up my shares and to do so following the guidelines outlined by Harmony Valley Farm.

Signature \_\_\_\_\_ Date \_\_\_\_\_

I am a new CSA member and was referred by \_\_\_\_\_

**Please send form and payment to:**  
**Harmony Valley Farm**  
**S3442 Wire Hollow Rd**  
**Viroqua, WI 54665**

